

## Students' Union

### Nominations close on Fri, Feb 16

This is your last chance to nominate yourself to become a student officer here at Bradford College Students' Union.



Find more

### Climate March

Wed, Feb 28, Time TBC

Meet outside David Hockney Building

Don't let the climate crisis pass you by. Join us for a march to raise awareness of climate change and the negative effects of our ever-changing environment!

### Placard Making

Mon-Fri, Feb 19-23, 12:00-13:00

GF-25, David Hockney Building

The best placard will win a prize!

### Any questions?

Please email  
Activities@bradfordcollege.ac.uk

## Come and chat with Adam - Your HE Education and Welfare Officer

Every Thu, 11:00-13:00

HE Common Room, Lister Building

As your elected HE student officer, I want to hear about: how things are going on your course, your College student experience, resources and equipment or anything else.

## Competition

### Creative Writing Competition

Every Thu, 12:45-13:45

In each session, we will discuss the contents of the books and look at how books can impact lives. For those interested in writing, a competition is held where you can submit a page (or two) about an LGBTQ+ activist, an LGBTQ+ politician, an LGBTQ+ artist or an LGBTQ+ writer!

The winner will get a voucher and be awarded a trip to Bronte Personage with other participants at the end of the academic year.

✉ S.Shahdad@bradfordcollege.ac.uk

# STUDENT ENRICHMENT Activities & Workshops

Personal Development & Students' Union Team

February 2024

**PANCAKE DAY**  
7th FEB

**Stop Transphobia**  
by Saorsa Tweedale

**Mental Health Performance**  
by Bronnie

### SPORTS

Download the new schedule.

Sign up for  
**MMA**

**Talk Table Podcast**  
Ep. 1 Available on YouTube

**Students' Union ELECTIONS 2024**



**Climate March & Placard Making**

The best placard will win a prize!



Find more

Bradford College  
**STUDENTS' UNION**

Follow Us & Stay Up to Date  
f @BradfordCollegePlus X BradCollPlus

Visit our Website  
bradfordcolleges.co.uk

## Events

☒ Booking required, please contact email provided



### Mental Health Performance by Bronnie

Mon, Feb 26, 10:00-11:00

Bronte Lecture Theatre, David Hockney Building

An immersive performance focusing on topics such as mental health, body image and LGBTQ+ topics.

✉ L.Greaves@bradfordcollege.ac.uk



### Stop Transphobia by Saorsa Tweedale

Join us for a truly inspirational talk on transgender rights, challenges and personal experiences from Saorsa Tweedale.

To register your interest email

✉ S.Shahdad@bradfordcollege.ac.uk



### Women and Girls Mentoring Event

Wed, Mar 6, 10:00-11:30

Bronte Lecture Theatre, David Hockney Building

Unique one-to-one experience for students, and an amazing space to meet amazing women, girls and non-binary young people of all different backgrounds and ages and find out more about their journey in life. **We only have 50 spaces available so get yourself booked in!**

✉ R.Buxton@bradfordcollege.ac.uk

### Peace Education Program

Tue, Feb 20, 13:00-14:00

GF-25, David Hockney Building

Are you interested in discovering your own inner strength and personal peace?

✉ S.Shahdad@bradfordcollege.ac.uk

### Bradford Careers Fair

Thu, Feb 22, 10:00-15:00

Meet at GF-25, David Hockney Building

Come to Bradford's very own careers fair for the chance to network, meet employers, and understand what you want from a future career.

### Pancake Day!

Wed, Feb 7, 10:00-12:00

Bronte Lecture Theatre, David Hockney Building

Come along to make some delicious pancakes with a choice of some scrumptious toppings. There will be a special prize for the best pancake toss!



### Smoothie Making

Availability: Throughout February

Let's talk about healthy living and healthy eating whilst you make your own smoothie.

✉ L.Greaves@bradfordcollege.ac.uk

### Easy Bake

Availability: Throughout February

Practice simple and easy baking recipes, whilst preparing for our Summer Bake Off.

✉ L.Greaves@bradfordcollege.ac.uk

## Clubs



### Esports Gaming Club

Every Mon & Tue, 16:00-18:00

3F-21, David Hockney Building

### LGBTQ+ Club

Next meeting: Tue, Feb 6, 12:30-13:30

D21, Lister Building

### Makeup Artistry

Every Fri, 12:30-14:00

Hair & Beauty Department, David Hockney Building

### Neurodiversity Club

Next meeting: Wed, Jan 24, 12:30-13:30

D21, Lister Building

### Origami Club

Every Tue, 13:30-14:30

GF-25, David Hockney Building

### Sculpt Club

Every Mon, 10:00-12:30

B36, Lister Building

### Table Top Games

Every Tue, 17:00-18:00

Skill Hub, 2F-21, David Hockney Building



Find more



## Workshops

 **Booking required, please contact email provided**

### Essential Life Skills

**Availability: Throughout February**

Skills Hub, 2F, David Hockney Building

Life skills are essential in ensuring you have the knowledge you need for life after college. We will look at money management, cyber security, banking, and public speaking.

✉ S.Shahdad@bradfordcollege.ac.uk

### Upcycling Workshop

**Wed, 10:00-11:00**

A1, Lister Building

**Thu, 14:30-15:30**

GF-25, David Hockney Building

Want to be creative and transform something you own? Explore ways to repurpose materials such as glass bottles, cardboard, and plastic containers, and turn this into Art.

✉ L.Greaves@bradfordcollege.ac.uk



### Clothes Swap - Revamp & Rework Workshop

**Tue, Feb 6, 11:30-12:30**

GF-25, David Hockney Building

Fancy a whole new wardrobe for FREE? Bring in your clothes, swap for new ones, or learn how to rework them into something you love.

✉ L.Greaves@bradfordcollege.ac.uk



### Mental Health Workshop

**Availability: Throughout February**

Find out what support is available for you, no matter what you are going through.

✉ L.Greaves@bradfordcollege.ac.uk



### Say No to Gambling

**Availability: Throughout February**

Explore the signs of gambling, the harm it causes, and the support available for those who are affected by it.

✉ S.Shahdad@bradfordcollege.ac.uk

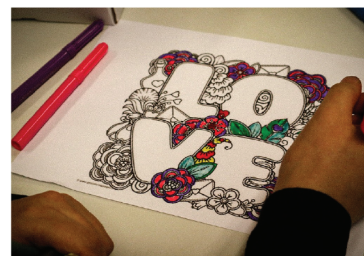
## Walk-In Clubs

### Minecraft Club

**Every Mon, Wed & Fri, 12:00-13:00**

Skills Hub, 2F, David Hockney Building

Want to escape in a whole new world? Come explore, build, mine, craft and (hopefully) avoid zombies, slime and creepers!



### Mindfulness Colouring

**Every Mon, 14:00-15:00**

GF-25, David Hockney Building

Come chill and chat, relax and de-stress.

### Go-Arty

**Wed, Feb 28, 12:00-13:30**

GF-25, David Hockney Building

Come and throw your ideas and emotions on a canvas, surrounded by interesting peers and creative role-models.

## Sports



### Rainbow Laces Campaign

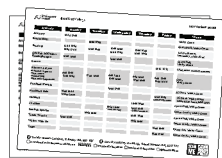
The sports teams will be wearing rainbow laces during matches, if they wish to do so, to show their support for the LGBT+ community! #KeepItUp

### Free Sports Enrichment for Students

We are offering 15 different sports across each week for ALL STUDENTS FREE OF CHARGE! Please visit our website to view the sports schedule. In Football, Cricket and Badminton students will also have the opportunity to compete in competitive league's against other Colleges.

### Download our sports schedule

Scan the QR code or visit [bradfordcolleges.co.uk/sports](http://bradfordcolleges.co.uk/sports)



## Talk Table Podcast

### Ep. 1 Friends & Family is now on YouTube

Come in and join our podcast with Personal Development Officer Leah. Let's talk about; Wellbeing/ Mental Health, Drug misuse, Crime, Knife Crime. The podcast will be recorded and streamed later on. Both students and tutors can book in the session.

### To book email

✉ L.Greaves@bradfordcollege.ac.uk

Listen to the first episode on our YouTube channel

 **Bradford College Students' Union -BCSU**

### Come on Board with Board Games

**Fridays, 13:45-14:45**

GF-25, David Hockney Building

Whether you want to spend time on a game that offers you strategic thinking or you want simply to have a good time with your friends, come and test your skills.

✉ S.Shahdad@bradfordcollege.ac.uk



### CPR - Save a Life

**Availability: Throughout February**

Skills Hub, 2F, David Hockney Building

Do you want a vital and sought after skill? Come along and learn how to save a life through CPR. This will cover when to start CPR, how to give effective CPR, and knowing when to call for help.

✉ A.Zaman3@bradfordcollege.ac.uk

### Pass the Mic

**Availability: Throughout February**

Pick up the mic and spit a bar. Rhyme about things that come from your heart. A Lyrical challenge for you to join in. To talk about things that make you sing. What's weighing you down or making you happy, spit it all out and let's get chatty. And after you're done... Pass the mic on. The lyrical challenge has begun.

✉ L.Greaves@bradfordcollege.ac.uk

## Race Equality Week - 5-11<sup>th</sup> February

 **Booking required, please contact email provided**



### Racism Workshop

**Mon, Feb 5, 10:30-12:00**

David Hockney Building

**Tue, Feb 6, 10:30-12:00**

Trinity Green

**Thu, Feb 8, 10:30-12:00**

Advanced Technology Centre

**Fri, Feb 9, 10:30-12:00**

Lister Building

What is racism? How can we challenge it? Come forward and have your say.

✉ S.Shahdad@bradfordcollege.ac.uk

### Inclusion Workshop

**Availability: Throughout February**

This workshop aims to answer questions about discrimination and prejudice, and offer you a relaxed space to have a conversation about support, feelings, and your experiences.

✉ L.Greaves@bradfordcollege.ac.uk

### Microaggressions Workshop

**Mon, Feb 5, 10:30-12:00**

**Tue, Feb 6, 10:30-12:00**

**Thu, Feb 9, 10:30-12:00**

GF-25, David Hockney Building

A microaggression is a subtle, often unintentional, form of prejudice. If you have experienced this, want to learn more, or want to find out how to stop this, come to this safe space for a relaxed conversation.

✉ S.Shahdad@bradfordcollege.ac.uk

### Racial Harmony Art Workshop

**Availability: Throughout February**

Show your passion and understanding of racial harmony and race equality through art and expression.

✉ L.Greaves@bradfordcollege.ac.uk

### Book Club

**Availability: Throughout February**

Join in with this quiet time to read books on race, diversity and social justice

✉ S.Shahdad@bradfordcollege.ac.uk